

SNOWMOBILING

In Lapland there is a comprehensive network of snowmobiling routes.



Wearing a helmet is obligatory when driving a snowmobile.

In addition you need to wear a warm overall, gloves and boots to protect you against the wind and cold weather.

Snowmobiling is allowed only on official routes; outside of them only with the landowner's permission

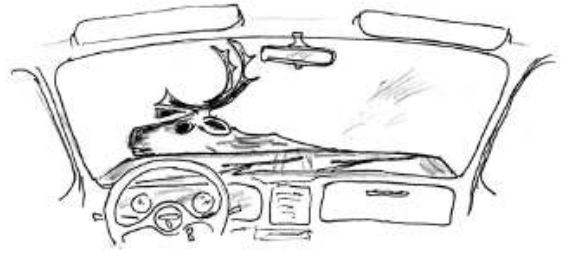
HOW TO USE A KNIFE



Carve always at a direction away from yourself

You need to be especially careful in handling a knife in camping conditions. Even the smallest slip can be fateful in an area, where it takes more than fifteen minutes to get help. Remember always to carve at a direction away from yourself.

COLLISION WITH REINDEER



When driving your car in Lapland you may get into a car crash because of reindeer. Collisions occur in every season of the year. If you collide with a reindeer, take following actions:

- If the reindeer is still alive, knock it unconscious by hitting it on the forehead with a hard obstacle and move it beside the road.

-Call the police immediately and inform them about what has happened (emergency phone number 112). Follow the instructions given from the emergency number.



CAMPFIRE AND HIKING WITHOUT LITTERING



Fire making is allowed in separately indicated, maintained fireplaces at campsites and in recreation areas, except at the times when there is a risk of forest fire.

The maintenance of the fireplaces is costly, so please consume the firewood economically.

After your visit please clean up the camping site.

The amount of litter cause by camping can be reduced for example by peeling the fruit and eggs already before the departure. Food can be packed into durable and washable containers. Small quantities of combustible wastes, for example paper or cardboard, can be burnt on campfires.

Other types of waste (such as plastic or metal) must not be burnt. Biodegradable waste (such as food remains) can be left in compost toilets or in the special composting containers of the recreation area.

All other wastes should be taken away and left to a waste sorting point when you leave.



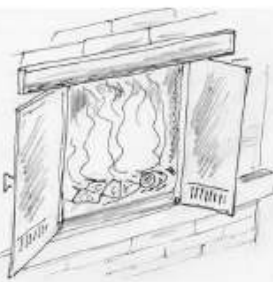
HEATING WITH WOOD



In cabins that have iron stoves and/ or fireplaces for heating you need to know some facts about heating with wood.



Before lighting the fire remember to check that the damper is fully open and the chimney draws well. The draft of the fireplace generates from the suction of the chimney.



A small amount of wood is piled up into the fireplace. Use then birch bark, paper or wood chips to set the wood on fire. After the fire has lit, put some more wood on it, until app. $\frac{3}{4}$ of the fireplace is full.

The hatches of the stove/fireplace are to be kept closed during the heating due to the sparking risk. The air holes of the hatches however need to be open so that the fire gets air enough for burning. The coals are poked up with a stove hook until all of them have burnt thoroughly.

The damper of the fireplace/ stove is to be kept open as long as the coals are glowing!

HUNTING

The hunting season gets started with waterfowl hunting in August. In September starts the hunting season for rabbits and wood fowls.

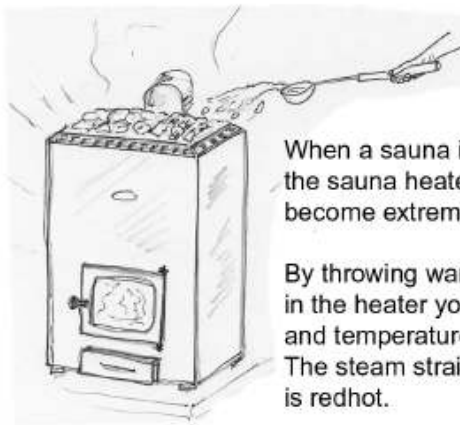
The hunting dog (Finnish Spitz in picture) finds a bird that flees up to a tree for shelter. The dog stays barking at the bird, attaching its attention to him. This way the hunter gets to sneak silently to a shooting distance.



The biggest and most important hunting event of the season is elk hunting. Elks are being hunted most commonly with hunting dogs' assistance. The dog's task is to stop the elk; bark at it and this way help the hunter to get to a shooting position.

Hunting rights in Finland are closely related to land ownership. Under the Hunting Act hunters require permission from the landowner. Also hunting seasons are strictly regulated by the Hunting Act. The deliberate prevention, hindrance or disturbance of legal hunting is prohibited. Game birds and animals must not be deliberately disturbed.

TRADITIONAL SAUNA



When a sauna is being heated the sauna heater and the water boiler become extremely hot.

By throwing warm water to the stones in the heater you can increase humidity and temperature in the sauna. The steam straight above the heater is redhot.



In the traditional sauna with no showers the bathwater is prepared into basins. First pour cold water into the basin and then little by little add hot water to it until the water in the basin feels warm enough.

Don't dry clothes or shoes above the heater.

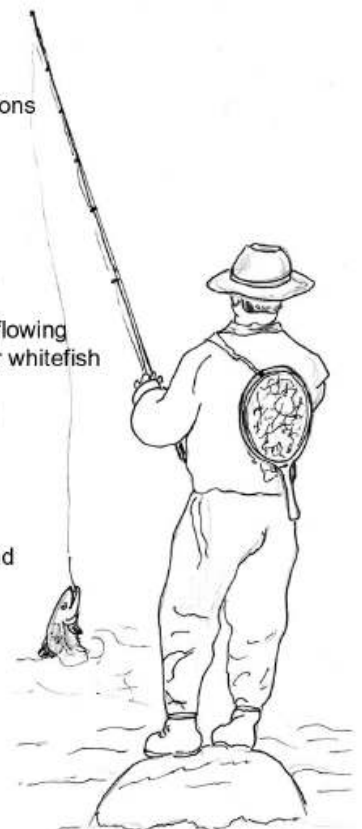
FISHING

There are good opportunities for recreational fishing in Lapland

18-64 -year -old persons need the following permissions for fishing:

- Statutory national fishing management fee
- Provincial lure fishing fee, when fishing takes place in regulated rivers and lakes
- The owner's permission in flowing waters with salmon, trout or whitefish
- always check the need for permissions in the planned fishing area before fishing

Children under 18 years and seniors over 65 years don't need fishing permits



HIKING



One of the most important things to do when you are about to go hiking, is to choose proper shoes. In fact the best shoes support the ankle and have thick and solid basis.

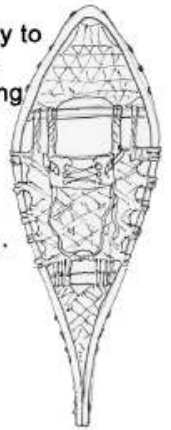
In wetlands, marshes and bogs the most important thing is that the shoes are water resistant and have legs long enough

Rocky areas and wooden trails are very slippery when wet, so pay extra attention when hiking in the rain.



Modern model

Snowshoe hiking offers a nice way to actively enjoy the wintertime. Compared to cross-country skiing moving with snowshoes is slower and there is no need for special paths or trails. Walking with snowshoes is technically like normal walking.



Classic Canadian model



You can also use ski poles to help balance yourself.

MOSQUITOES



In the beginning of the summer you need to be prepared for mosquitoes.

Mosquitoes are small insects whose stings are normally quite harmless, but they may cause itching. Mosquitoes are most active during night time. At day time even the smallest breath of wind makes them disappear.



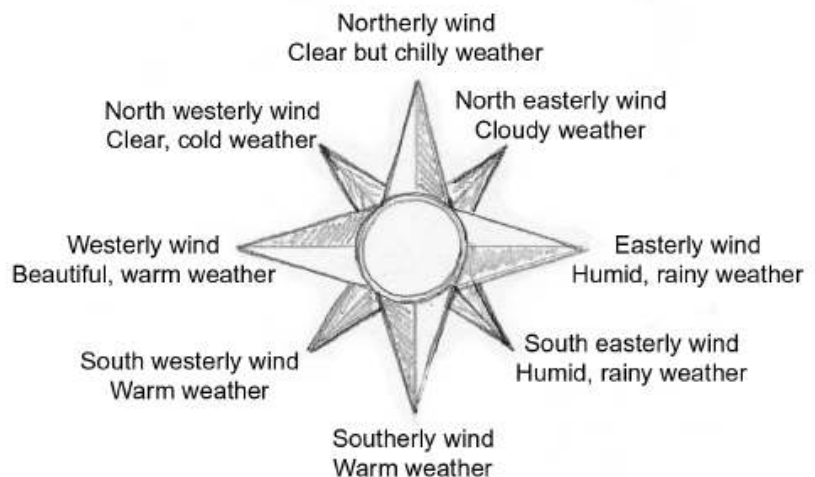
You can protect yourself against mosquitoes by wearing light, loose fitting clothes that are dense in texture. Bare parts of your skin can be protected with mosquito repellent.



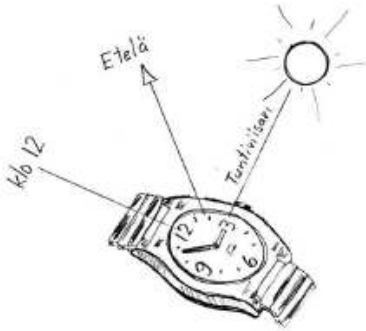
Reindeer protect themselves against mosquitoes by gathering into herds and moving to open and windy places. This is why they are often seen on roads.

WINDS

Winds are being named after the compass direction from which they are blowing. South wind blows from the South, north wind from the North etc. Every wind brings its typical weather along with it. Usually the weather in Lapland is like this, depending on the winds:

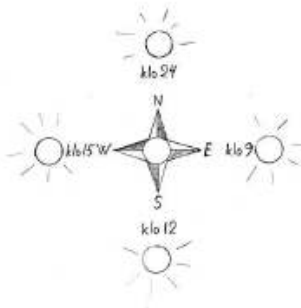


COMPASS DIRECTIONS



When the weather is clear you can define the points of the compass with the help of sun and your own watch: Turn the watch in a way that the hour needle points towards the sun. South is now in the middle of the hour needle and 12 o'clock.

Sun shines at 6 a.m. from East, at noon from South, at 6 p.m. from West and at midnight from North.



EVERYMAN'S RIGHT



In Finland, and in the beautiful nature of Finnish Lapland, you are allowed to move around more freely than in most other countries.

Together with these rights come also responsibilities to respect nature, other people and property.

You may:

- walk, swim, ski or go boating or cycling freely, except very near people's homes or in plantations which could easily be damaged
- pick wild berries, mushrooms and flowers, except the protected species
- fish with a rod and line, fish on frozen lakes and rivers
- camp out temporarily (remember a reasonable distance from homes; at least 150 m distance from the nearest house)

You may not:

- harm and disturb nature or leave litter
- disturb animals
- light campfires outside marked campfire places without permission, except in an emergency
- light open campfires when the forest fire warning has been given
- drive motor vehicles off road without the landowner's permission
- hunt without the relevant permits
- fish with nets, traps or a reel and lure without the relevant permits
- let pets off lead